



Sample Bar Menu – Bwydlen Sampl y Bar

STARTERS - CYRSIAU CYNTAF

Butternut squash soup /
Cawl sgwosh cnau menyf £3.50

Thai fish cakes with mixed leaves and sweet chilli dressing /
Teisennau pysgod Thai gyda dail cymysg a dresin tsili melys £4.95

Chicken liver parfait with brioche and chutney /
Parfait iau cyw iâr gyda brioche a siytrni £4.50

Home cured salmon and dill gravadlax with tomato dressing /
Gravadlax eog wedi'i halltu gartref a dil gyda dresin tomato £4.95

Baked field mushroom with mozzarella, sun dried tomato and toasted pine nuts (G, V) /
Madarch cae wedi'i bobî, gyda mozzarella, tomatos heulsych a chnau pîn wedi'u tostio £4.95

BAR MAIN COURSES - PRIF GYRSIAU' R BAR

Char grilled Welsh Black Sirloin Steak with Chips, Peas, and Field Mushrooms (G) /
Stecen syrllwyn eidion duon Cymreig o'r gril golosg, gyda sglodion, pys a madarch cae £14.95

Vegetarian Lasagne with Chips and Mixed Leaf Salad (V) /
Lasagne llysiuol gyda sglodion a salad dail cymysg (V) £8.95

Home made Welsh Faggots with Mushy Peas and Red Wine Gravy /
Ffagots Cymreig cartref gyda phys slwj a greff gwin coch £6.95

Whole Grilled Lemon Sole with Herb Butter New Potatoes and Mixed Leaf salad /
Lleden lefn gyfan wedi'i grilio, gyda thatws newydd â menyf perlyisiau a salad dail cymysg £15.95

Local Welsh Pork and Leek Sausages with Creamed Mashed Potato and Onion Gravy (G) /
Selsig porc a chennin Cymreig lleol gyda thatws stwnsh hufennog a greff nionod £7.95

Welsh Braised Lamb Shank with Whole Grain Mustard Mashed Potato and Rosemary Gravy (G) /
Sianc cig oen Cymreig wedi'i choginio'n araf, gyda thatws stwnsh â mwstard grawn cyflawn a greff rhosmari £11.95

Roast Sweet Potato with Pepperonatto and Welsh Goats Cheese (G, V) /
Tatws melys rhost gyda phepperonatto a chaws gafr Cymreig £9.95

Breaded Fish of the day with Chips, Mixed Leaves and Tartar Sauce /
Pysgodyn y dydd mewn briwsion, gyda sglodion, dail cymysg a saws tartar £9.95

Mushroom Tortellini with Cream, Parmesan and Herbs (V) /
Tortellini madarch gyda hufen, parmesan a pherlyisiau £7.95

Char grilled Rib-Eye Steak with Sautéed New Potatoes, Green Beans and Pancetta with Red Wine Jus /
Stecen llygad yr asen o'r gril golosg, gyda thatws newydd wedi'u ffrio'n ysgafn, ffa gwyrdd a phancetta gyda sug gwin coch £15.95

Side orders/ *Cyfwydydd*: -

Chips, New Potatoes/ *Sglodion, tatws newydd*, Mixed Leaf Salad/ *salad dail cymysg* - £1.95
Cheesy Chips/ *Sglodion â chaws* & Mixed Green Vegetables/ *llyisiau gwyrdd cymysg* - £2.95

We are knowingly free from Genetically Modified (GM) products. If you have a special dietary requirement or allergy, please speak with a member of our staff who will be happy to help you.

Rydym yn gwybod nad oes cynnyrch wedi ai addasu'n enynnol (GM) yn ein bwyd. Os oes gennych chi anghenion diet arbennig neu alergedd, holwch aelod o'n staff, a fydd yn hapus i'ch helpu.



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LITE BITES AND SALADS – PRYDAU YSGAFN A SALAD

Freshly Breaded Chicken Goujons (strips) with Chips and Salad Garnish /
Goujons (stribedi) cyw iâr ffres mewn briwsion, gyda sglodion a garnais salad £6.95

Scampi and Chips and Salad Garnish /
Sgampi a sglodion a garnais salad £7.95

Freshly Breaded Fish Goujons (strips) with Chips and Salad Garnish /
Goujons (stribedi) pysgod ffres mewn briwsion, gyda sglodion a garnais salad £6.95

Mixed Leaf, Feta, Sun-blushed Tomato and Pine Nut Salad with Balsamic Dressing (V, N) /
Salad dail cymysg, ffeta, tomatos o lygad yr haul a chnau pin gyda dresin balsamig £7.95

Pork and Leek Burger in a Ciabatta with Chips and Salad /
Byrger porc a chennin mewn ciabatta, gyda sglodion a salad £6.95

Rocket, Avocado, Quail Egg and Parmesan Salad (V, G) /
Salad roquet, afocado, wy soffliar a pharmesan £6.95

Cold Poached Salmon with New Potatoes Mixed Leaf salad and Herb Mayo (G) /
Eog wedi'i botsio oer, gyda thatws newydd, salad dail cymysg a mayo perlyisiau £10.95

DESSERTS – PWDI NAU

Summer Berry Fruit Pudding with Crème Fraiche /
Pwdin ffrwythau aeron yr haf gyda chrème fraiche £4.95

Sticky Ginger Toffee Pudding /
Pwdin taffi sinsir gludiog £4.95

Dark Chocolate Marquise (Firm, Rich Chocolate Mousse) /
Marquise siocled tywyll (Mousse siocled cadarn, bras) £4.95

Crème Brulee / *Crème Brulee* £4.95

Cheese and Biscuits / *Caws a bisgedi* £5.95

Iced Fruit and Vanilla Parfait / *Ffrwythau rhew a pharfait fanila* £4.95

Ice Cream & Sorbets / *Hufen iâ a Sorbets* £4.95

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CHILDRENS MENU - BWYDLEN Y PLANT

Breaded Chicken Goujons (strips) with Chips /
Goujons (stribedi) cyw iar mewn briwsion, gyda sglodion £3.95

Breaded Fish Goujons (strips) with Chips /
Goujons (stribedi) pysgod mewn briwsion, gyda sglodion £3.95

Cheese and Tomato Pizza with Chips (V) /
Pizza caws a thomato, gyda sglodion £3.95

Penne Pasta with Tomato Sauce and Parmesan (V) /
Pasta penne, gyda saws tomato a pharmesan £3.95

COLD SANDWICHES & PANINI - BRECHDANAU OER A PHANINIS

Ham (S) / *Ham (S)* £4.95

Ham and Cheese (S) / *Ham a chaws (S)* £4.95

Ham and Tomato (S or P) / *Ham a thomato (S neu P)* £4.95

Ham and Caerphilly (P) / *Ham a Chaerffili (P)* £4.95

Cheese (S or P) / *Caws (S neu P)* £4.95

Cheese and Tomato (S or P) / *Caws a thomato (S neu P)* £4.95

Tuna Mayonnaise (S) / *Tiwna a mayonnaise (S)* £4.95

Tuna Melt (P) / *Tiwna tawdd (P)* £4.95

Smoked Salmon (S) / *Eog mwg (S)* £5.95

Goats Cheese and Smoked Salmon (P) / *Caws gafr ac eog mwg (P)* £5.95

(S) – cold sandwich only/ brechdan oer yn unig

(P) – hot Panini only/ Panini poeth yn unig

SANDWICHES AND PANINIS LUNCHTIMES ONLY / BRECHDANAU A PHANINIS AR GAEL AMSER CINIO YN UNIG

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